November 2026 Breakfast Menu

Component	Minimum Serving			11/2/2026	11/3/2026	11/4/2026	11/5/2026	11/6/2026
Meat or meat alternate	1 oz.	1-1/2 oz.	2 oz.		Strawberry Yogurt		Boiled Egg	
Grains/Breads Pasta/Noodles	1/2 slice 1/4 cup	1/2 slice 1/4 cup	1 slice 1/2 cup	Cornflakes	Granola	Bagels with Jelly	Whole Grain Toast	Whole Grain Blueberry Maple Waffle
Fruit and/or vegetable and/or juice (to total 2 or	1/4 cup total	1/2 cup total	3/4 cup total	Peaches	Mix Berry Apple Sauce	Tropical Fruit Cocktail	Pineapple Tidbits	Fresh Bananas
Milk, fluid	1/2 cup	3/4 cup	1 cup	Milk	Milk	Milk	Milk	Milk
Other extra items								

Component	Minimum Serving			11/9/2026	11/10/2026	11/11/2026	11/12/2026	11/13/2026
Meat or meat alternate	1 oz.	1-1/2 oz.	2 oz.		Vanilla Yogurt		Scrambeled Egg Patty	
Grains/Breads Pasta/Noodles	1/2 slice 1/4 cup	1/2 slice 1/4 cup	1 slice 1/2 cup	Cornflakes	Granola	Whole Grain Cinnamon Toast	Whole Grain English Muffin	Whole Grain Maple Pancake Bites
Fruit and/or vegetable and/or juice (to total 2 or	1/4 cup total	1/2 cup total	3/4 cup total	Diced Peaches	Diced Pears	Pineapple Tidbits	Strawberry Applesauce	Fresh Bananas
Milk, fluid	1/2 cup	3/4 cup	1 cup	Milk	Milk	Milk	Milk	Milk

Component	Minimum Serving			11/16/2026	11/17/2026	11/18/2026	11/19/2026	11/20/2026
Meat or meat alternate	1 oz.	1-1/2 oz.	2 oz.		Strawberry Yogurt		Crispy Turkey Bacon	
Grains/Breads Pasta/Noodles	1/2 slice 1/4 cup	1/2 slice 1/4 cup	1 slice 1/2 cup	Cornflakes	Granola	Whole Grain Biscuits with Jelly	Whole Grain Croissant	Blueberry Muffins
Fruit and/or vegetable and/or juice (to total 2 or	1/4 cup total	1/2 cup total	3/4 cup total	Diced Peaches	Mix Berry Apple Sauce	Pineapple Tidbits	Fruit Cocktail	Fresh Bananas
Milk, fluid	1/2 cup	3/4 cup	1 cup	Milk	Milk	Milk	Milk	Milk
Other extra items								

Component	Minimum Serving			11/23/2026	11/24/2026	11/25/2026
Meat or meat alternate	1 oz.	1-1/2 oz.	2 oz.		Vanilla Yogurt	
Grains/Breads Pasta/Noodles	1/2 slice 1/4 cup	1/2 slice 1/4 cup	1 slice 1/2 cup	Cheerios	Granola	Cinnamon Raisin English Muffin
Fruit and/or vegetable and/or juice (to total 2 or	1/4 cup total	1/2 cup total	3/4 cup total	Diced Peaches	Diced Pears	Tropical Fruit Cocktail
Milk, fluid	1/2 cup	3/4 cup	1 cup	Milk	Milk	Milk
Other extra items						

Component	Minimum Serving			11/30/2026
Meat or meat alternate	1 oz.	1-1/2 oz.	2 oz.	
Grains/Breads Pasta/Noodles	1/2 slice 1/4 cup	1/2 slice 1/4 cup	1 slice 1/2 cup	Cornflakes
Fruit and/or vegetable and/or juice (to total 2 or	1/4 cup total	1/2 cup total	3/4 cup total	Peaches
Milk, fluid	1/2 cup	3/4 cup	1 cup	Milk
Other extra items				

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